

Package leaflet: Information for the user

Pharmatex 12mg/g, vaginal cream Benzalkonium chloride

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Although this medicine is available over the counter, you should use Pharmatex exactly as instructed to obtain the optimal treatment result.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet..

What is in this leaflet

1. What Pharmatex is and what it is used for
2. What you need to know before you use Pharmatex
3. How to use Pharmatex
4. Possible side effects
5. How to store Pharmatex
6. Contents of the pack and other information

1. What Pharmatex is and what it is used for

Pharmatex cream is indicated to avoid pregnancy, but does not provide 100% protection.

Contraceptive effect of the medicine depends primarily on its correct use.

This contraceptive is particularly suitable in the following cases: contraindications to the use of oral contraceptives or intrauterine devices; having rare sexual intercourses; after delivery or abortion; during breast-feeding; prior to menopause; if you missed a dose of a permanent oral birth control. In the latter case, use Pharmatex with oral tablets until the end of the menstrual cycle. Can also be used in addition to an intrauterine device.

Indications: Contraception.

2. What you need to know before you use Pharmatex

- if you are allergic to benzalkonium chloride or any of the other ingredients of Pharmatex.
- if you simultaneously use other vaginal medicines.
- do not wash with soap immediately before and after sexual intercourse.

Warnings and precautions

Contraceptive effect depends primarily on correct use. Use before each sexual intercourse irrespective of the day of the menstrual cycle. In case of repeated sexual intercourse, always administer new dose. When using Pharmatex, do not wash with soap before and after sexual intercourse, because it eliminates the contraceptive effect of benzalkonium chloride. **For external cleaning, use only clean water or special Pharmatex product that does not contain soap base.** Stop using the medicine, if you get ulcers on the external genitalia.

Attention! Does not protect against sexually transmitted diseases!

For vaginal use only.

Other medicines and Pharmatex

Tell your doctor if you are using, have recently used or might use any other medicines, including over-the-counter medicines.

Do not use other vaginal preparations or wash with soap while using Pharmatex. Studies have shown that Pharmatex does not affect condom quality.

Pregnancy and breast-feeding

Talk to your doctor before taking this medicine.

This medicine is intended for avoiding pregnancy.

3. How to use Pharmatex

Always use Pharmatex exactly as described in this leaflet. Check with your doctor or pharmacist if you are not sure.

The medicine is used vaginally before each sexual intercourse irrespective of the day of the menstrual cycle. Administer cream by using the applicator-dispenser, which is attached to the tube and filled to appropriate mark; make sure the dispenser does not contain air bubbles. Then detach the tube and apply the cream in the applicator-dispenser by inserting it deep into the vagina and pressing slowly on the plunger of the applicator-dispenser. Remove applicator-dispenser from vagina. The effect of the cream occurs immediately and lasts for 10 hours. In case of repeated sexual intercourses, insert new dose of cream into the vagina. The instructions for use should be precisely followed!

If you feel that the effect of Pharmatex is too strong or too weak, talk to your doctor.

If you have any further questions on the use of this medicine, ask your doctor.

4. Possible side effects

Like all medicines, Pharmatex can cause side effects, although not everybody gets them.

The medicine may in some cases cause allergy.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor.

5. How to store Pharmatex

Keep this medicine out of the sight and reach of children. Do not store above 25 °C.

Do not use Pharmatex after the expiry date which is stated on the carton and tube. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Pharmatex contains

- The active substance is benzalkonium chloride. 72 g of vaginal cream (1 tube) contains 864 mg of active substance benzalkonium chloride. 1 g of vaginal cream contains 12 mg of benzalkonium chloride.

- The excipients are: anhydrous citric acid, sodium hydrogen phosphate, macrogol and ethylene glycol stearate, lavender oil and purified water.

What Pharmatex looks like and contents of the pack

72 g white cream in a tube and applicator-dispenser.