

Package leaflet: Information for the user

Antiflat 42 mg chewable tablets Simeticone

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after a couple of days.

What is in this leaflet

1. What Antiflat is and what it is used for
2. What you need to know before you take Antiflat
3. How to take Antiflat
4. Possible side effects
5. How to store Antiflat
6. Contents of the pack and other information

1. What Antiflat is and what it is used for

Dyspepsia, wrong diet, food generating gases and air swallowing cause the generation and accumulation of gas. Excess gas accumulates in the digestive tract as small inactive gas bubbles. Therefore gas absorption through intestinal mucosa is impaired or even completely inhibited.

Simeticone is the active substance contained in the Antiflat chewable tablets that causes the gas bubbles to dissolve and then the released gas can be passed in the usual way.

After administration of Antiflat chewable tablets the symptoms are usually rapidly reduced and the pressure in gastrointestinal tract reduces.

Antiflat chewable tablets are used:

- in case of excessive gas generation and accumulation in gastrointestinal tract (bloating), including functional disorders like flatulence and feeling of fullness;
- as a preparatory measure during gastrointestinal diagnostic investigation, for improvement of visibility during ultrasound and x-ray investigation to remove the gas bubbles limiting the field of view.

2. What you need to know before you take Antiflat

Do not take Antiflat:

- if you are allergic to simeticone or any of other ingredients of this medicine (listed in section 6).

Warnings and precautions

- If symptoms do not improve or expected results are not achieved after taking Antiflat chewable tablets, talk to your doctor for further advice.

Other medicines and Antiflat

Tell your doctor or pharmacist if you are taking, have recently taken or might take any other medicines.

Although no interactions have been observed with simeticone, its possible effect on the absorption of other active substances cannot be excluded due to the surface-active effect of simeticone.

Antiflat with food and drink

Antiflat may be taken during or after meal.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

As simeticone is not absorbed in the gastrointestinal tract, Antiflat chewable tablets may be administered during pregnancy and breast-feeding.

Administration should not exceed three days and should be followed by a 14-day dose-free period.

Driving and using machines

No effect has been observed.

Antiflat contains 0.25 g of saccharose and 0.3 g of glucose per one tablet.

This should be taken into account in people with diabetes.

3. How to take Antiflat

Always use this medicine exactly as your doctor has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose for excess gas formation and bloating is:

For adults 1-2 tablets three times a day during or after meal. If required, 1-2 tablets may be taken before bedtime.

When using as preparatory means for gastrointestinal diagnostic investigation in adults, 2-3 tablets are taken after every meal on the day before and in the morning of the investigation day.

Recommended dose for children is 1 tablet three times a day during or after meal. If required, 1 tablet may be taken before bedtime.

If you feel that the effect of Antiflat is too strong or too weak, talk to your doctor or pharmacist.

Treatment duration

Treatment duration depends on the course and character of symptoms. Antiflat chewing tablets may be administered continuously if required.

If the symptoms do not improve or the expected result is not achieved after taking Antiflat, contact your doctor for further instructions.

Method of administration

Antiflat chewable tablets may be taken during or after meal.

Antiflat chewable tablets are administered orally. The tablets should be chewed.

If you take more Antiflat than you should

If you have or a child has taken more Antiflat chewable tablets than you or he/she should, tell your doctor or pharmacist.

If you forget to take Antiflat

Do not take a double dose to make up for a forgotten dose.

If you stop taking Antiflat

Tell your doctor or pharmacist if you want to stop taking Antiflat chewable tablets.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

No side effects have been observed.

Reporting of side effects

If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

5. How to store Antiflat

Keep this medicine out of the sight and reach of children.

Do not store above 25 °C. Store in the original package, protected from moisture.

Do not use this medicine after the expiry date which is stated on the carton after "EXP". The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Antiflat contains

- The active substance is simeticone. One tablet contains 42.00 mg of simeticone.
- The other ingredients are glycerol monostearate SE, fennel essential oil, peppermint essential oil, caraway essential oil, glucose, saccharose.

What Antiflat looks like and contents of the pack

Antiflat chewable tablet is white, round, biconvex tablet with smell and taste characteristic to fennel and caraway.

30 or 50 tablets in a PVC/Al blister package.

300 tablets in a PP tablet bottle.